

Folk Arts Center of New England  
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**Greek Dance Workshop with KYRIAKOS MOISIDIS**  
Saturday, April 17, 2021

Contact Kyriakos for more information:

- Email: <moisidiskyriakos@gmail.com>
- Facebook groups: <https://www.facebook.com/KyriakosSeminars>  
<https://www.facebook.com/groups/182981511838923>)

Materials for this workshop will be available from the Folk Arts Center's "Little Shop of Horas" at <https://store.facone.org/> under "Workshop Materials."

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List of Dances – see Attached



## FACONE's Kyriakos Moisisdis webinar

Saturday, April 17th, 2021

### Information on the dances

|                       |                            |
|-----------------------|----------------------------|
| THE NAME OF THE DANCE | <b>Tsamikos (Τσάμικος)</b> |
| THE TITLE OF THE SONG | "Perdika"                  |
| PLACE                 | Metsovo of Epirus          |
| RYTHM                 | 3/4                        |
| HAND-HOLDING *        | W...V                      |
| DIRECTION             | Right                      |
| DANCERS               | Men & women                |

|                       |                                |
|-----------------------|--------------------------------|
| THE NAME OF THE DANCE | <b>Halay (Χαλάυ)</b>           |
| THE TITLE OF THE SONG | " Karasaplu"                   |
| ISLAND                | Tsohur-Ceasereia of Cappadocia |
| RYTHM                 | 2/...                          |
| HAND-HOLDING *        | W                              |
| DIRECTION             | Right                          |
| DANCERS               | Men and women                  |

|                       |                                      |
|-----------------------|--------------------------------------|
| THE NAME OF THE DANCE | <b>Trimouliastos (Τριμουλιαστός)</b> |
| THE TITLE OF THE SONG | -                                    |
| PLACE                 | Bana of East Romylia                 |
| RYTHM                 | 2/...                                |
| HAND-HOLDING *        | V                                    |
| DIRECTION             | Right - left                         |
| DANCERS               | Men & women                          |

explanation: **W** = arms bend at elbows    **V** = arms down    **Λ** = arms high

**T** = arms hold from the shoulders    **X** = crossing arms

**Γ** = one arm hold from the shoulder one in a W position

**IN-OUT** = dancers first move to the center of the circle and then the opposite



Kyriakos' notes

|                       |                                |
|-----------------------|--------------------------------|
| THE NAME OF THE DANCE | <b>Trita pota (Τρίτα πότα)</b> |
| THE TITLE OF THE SONG | -                              |
| ISLAND                | Agkistro-Serres of Macedonia   |
| RYTHM                 | 2/...                          |
| HAND-HOLDING *        | V                              |
| DIRECTION             | Right                          |
| DANCERS               | Men & women                    |

|                       |                                  |
|-----------------------|----------------------------------|
| THE NAME OF THE DANCE | <b>Maria-Maria (Μαρία-Μαρία)</b> |
| THE TITLE OF THE SONG | "Maria-Maria                     |
| ISLAND                | Xiropotamos-Drama of Macedonia   |
| RYTHM                 | 2/...                            |
| HAND-HOLDING *        | W                                |
| DIRECTION             | Right                            |
| DANCERS               | Men & women                      |

|                       |  |
|-----------------------|--|
| THE NAME OF THE DANCE | <b>Tria ti Kotsari (Τρια τη Κότσари)</b> |
| THE TITLE OF THE SONG | -  |
| PLACE                 | Kars                                     |
| RYTHM                 | 6/...(3+3)                               |
| HAND-HOLDING *        | T  |
| DIRECTION             | Right                                    |
| DANCERS               | Men and women                            |

explanation: **W** = arms bend at elbows    **V** = arms down    **Λ** = arms high

**T** = arms hold from the shoulders    **X** = crossing arms

**Γ** = one arm hold from the shoulder one in a W position

**IN-OUT** = dancers first move to the center of the circle and then the opposite